



FIRST FOOD COMPANY

DALLAS, TEXAS

GELATIN

Nutrition Facts

Serving Size 2 Tbsp (makes 1/2 cup) (19g)
Servings Per Container 105

Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Sugars 17g	

Protein 1g

Vitamin A 0% • Vitamin C 25%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

6/ 4.5 lb.
(105/4oz servings)